



Good food sparks change.

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Morning and Midday/Evening Luvvo Snacks

	Menu Item	Calories	Fat	Sodium	Carb	Fiber	Protein	Allergens
Morning	Nut-Free Whole Grain Continental	290	16g	75mg	32g	5g	7g	Wheat
	Whole Grain Continental	190	3g	90mg	36g	4g	5g	Milk, Wheat
	Whole Grain Loaf, Fruits & Nuts	300	16g	160mg	34g	6g	9g	Egg, Milk, Soy, Tree Nuts
Midday & Evening	Turkey Pinwheels	280	14g	350mg	28g	7g	11g	Soy, Wheat
	Whole Grain Crackers & Walnut-Red Pepper Romesco Dip	260	16g	320mg	24g	4g	7g	Milk, Soy, Tree Nuts
	Whole Grain Crackers & Red Pepper Hummus	300	18g	370mg	27g	4g	7g	Milk, Soy